without the direction of the chief. Usually, a janmi family remained in situ over many generations. In addition, the janmi was obliged to lease off on long term tenure a large part of his lands to Nayar retainers and could not retract these without the tenant's consent or without the aid of a public assembly of tenants in case of ill-doing on the part of one of them.

Traditional villages are classifiable therefore as 1) Braham; 2) Temple; 3) Royal; 4) Chiefly; 5) Nayar headmen's villages. In some areas, a group of villages of the same type might be found adjacent to each other; this was particularly the case with "Brahman" and "Nayar headmen's" villages, where four or five might form a cluster headed by janmis of the same subcaste. [17] In each village, subordinate to the janmi's lineage in ritual rank and administrative power, came the members of one or other subcaste of Nayar retainers. Nayar retainers, whom I shall also call Military Nayars since most of them were soldiers, were divided into three subcaste: 1) retainers of Nambudiri Brahmans and of temples, called Sudra Nayars in Calicut and Walluvanad and Illath Sudra Nayars in Cochin; 2) retainers of the royal lineage, or "palanquin-bearers," called Pallichans in all three kingdoms; and 3) retainers of the chiefs and the Nayar village headmen, called Charna Nayars in Calicut and Walluvanad and Swaroopattil Sudra Nayars in Cochin. Each of these subcastes disputed for ritual rank and in everyday circumstances would not interdine with each other. This dispute for rank was possible because they

(3) Traditional Political Administration

642 565 The "middle class" non-military Nayars, the Nayar servant castes of menials, all the lower polluting castes, and the serfs, were excluded from the administrative system of the kingdom. Above these castes, the "good" castes formed two hierarchies, the one concerned with the public ritual of the state, and the other with secular administration. The first hierarchy comprised Nambudiris and temple servants; the second, royalty, chiefs and Nayar retainers. Nambudiris were largely outside the legal system of the kingdom; temple servants, though subject to it, took no part in its administration. Political organization was in the hands of the Nayars, their chiefs, and their royal lineage.

643 701 631 While responsible for maintaining traditional unwritten law and custom (mamool) among the several castes, the kings were concerned chiefly with amassing soldiers for their armies. Though in each kingdom the royal lineage owned the land in many villages as its private estate, its strength was estimated not in territory but in numbers of Nayar soldiers. Each nad and each desam was classified according to the number of Nayar men it could customarily muster for war; records[31]of these were kept by the 702 Nayar clerks of the palaces. The chief duty of each naduvari was to assemble regularly the soldiers of his nad for military exercises, and in time of war to lead them to battle with the king himself at their head. Within the nad military training was organized on a village basis, sometimes by the Nayar desavari, or, in those villages without a Nayar headman, by a Nayar

702 military leader (Asan) appointed by the chief.
[857] Each desam had its gymnasium (kalari) into which all retainer-Nayar boys were inducted at the age of seven. Their training in gymnastics and swordsmanship lasted nine years, after which they received their arms at the hand of the king
701 and were accorded the title of Nayar. After this age every able-bodied Nayar man was perpetually in military training until he reached the age of retirement or until he was obliged to succeed to the headship of his matrilineal property-group
[541] and retire to manage its lands. In peacetime, mock fights were organized between Nayars of adjacent villages or of adjacent nads, and jousting was conducted at the court for the entertain-
726 ment of the royal family. In war, the Nayars
[714] fought naked: their arms were the sword, bow, lance and the bow and arrow, though gunpowder was also used, at least by the more important Rajas. Battles between enemy kingdoms appear to have been stylized. Not more than 10,000 men were commonly brought into the field at one time, and severe loss of life was prevented by the employment of Nambudiri emissaries who, if fighting became intense, entered the battle field and arbitrated between its leaders. [32] If however the king or a chief were slain, his subjects must fight to the death until their honour was avenged by the slaughter of a corresponding
721 leader on the enemy side. The aim of such battles appears to have been solely to gain control over the military power of nads of adjacent kingdoms, together with certain payments of tribute by conquered chieftains, and also to gain

721 temporary ritual privileges in the important Nambudiri-managed temples of alien kingdoms. Several times rights in such a temple were obtained by an alien ruler, and held for a period of years at the cost of repeated battles with the king within whose territory the temple stood.

643 The power of the king to command his Nayar
701 retainers was checked by periodic assemblies
664 of Nayars (koottams). If the king's foreign policy were disfavoured by the Nayars of a particular nad, or if their own chief failed to pay them promptly, the village military leaders, with some of their followers, assembled in a body called a nad koottam and threatened to defect to some alien ruler. This occasionally happened: cases are recorded of the defection of a whole nad from one ruler to another. Similarly within the desam, small assemblies called desa-koottams might force their policy on their local leader or stage a strike until they compelled him to pay them their dues.

692 Within the kingdom, justice was administered
681 at several levels. First, each local caste group had its own periodic assembly of adult men to punish offences against caste law [33] and to arbitrate in small civil disputes within the caste. For the larger castes of Iravas and Pulayas the local caste group was the village: married men met periodically to arrange public ceremonies of their caste and punish offenders. These comprised chiefly wrongful interdining, small debts, thefts and assaults within the caste, and intra-caste adultery. Fines for the upkeep of the caste

613 their children in other lineages. The separa-
592 tion of the ritual marriage (the tali-rite) from
595 actual cohabitation (sambandham, initiated without religious rites) underlined the necessity to the lineage of marriage and procreation, and the exclusion of the individual husband and father from a legally and socially significant role in relation to it.

594 It is clear therefore that whatever name we
592 give to the traditional marital relationship
566 among Nayars, the elementary family, contrary to the view of Murdock (11), did not exist as an economic, legal or ceremonial unit among them. This circumstance, which is perhaps unique in the world, was evidently made possible by their specialized role as one caste group in a larger society in which, in general, marriage and the elementary family were institutionalized. First, the Nayar system could probably not have come about in any but a leisure class supported by the labour of tenants and serfs. Because of this, young Nayar men need give economic [78] support neither to their wives nor to their sisters. Women were the people who sat at home on the land; their maintenance was assured by the payment of rents from low caste tenants and the labour of serfs, and it was necessary to have only one old man living with them to manage
701 their financial affairs. The feudal relationships
585 of the caste system thus freed all able-bodied men for their occupation as a mobile militia. In explaining their peculiar marriage relationships, I am inclined to emphasize the military organization even more than the status of Nayars

595
●101 as a leisure class, since leisure classes without polyandry are common all over India.

The Nayars themselves appear to have recognized a connection between their occupation as a militia and the custom of plural marriages by which men were prevented from forming permanent attachments to wife and children. Barbosa, writing of plural marriages, reports that "it is said that the kings made this law, in order that the Nayars should not be covetous and should not abandon the king's service" (p. 124). Similarly Joao de Barros, writing in the early sixteenth century, says: "They say that this (polyandry) is a very ancient law among them, and that it springs from the wish of a certain prince to relieve the men of the burden of maintaining sons, and leave them ready for warlike service to which they are bound whensoever the king calls upon them." (12)

Nayar marriage may thus perhaps be seen as comparable to other military institutions, for example the age sets of bachelors among the Masai (Merker, 1904, pp. 82-3) or the age regiments of the Zulus (Bryant, 1929, pp. 124, 642-7) in the reign of Shaka. In both these societies those groups of the population organized for warfare were prevented from forming attachments to wives and children. Shaka achieved this among the Zulus by compelling men of the age regiments [79] under 35 to 40 to remain (at least in theory) celibate. Among the Masai, a soldier might form as many connections as he wished, and promiscuous intercourse was encouraged between men of the bachelor age sets

595 and girls of suitable age. But only older men
701 were permitted to marry and form a household with their wives and children.

The similarity between systems like the Masai and the Nayar system is that in those groups of the population organized for warfare, male sexuality was divorced from the upbringing of children, which among Nayars took place within the lineage and concerned only lineage members. Among the Masai this freeing of a man's sexual life from the responsibilities of child-rearing concerned only certain age-groups of men, while in Calicut and Cochin it applied to the total male population of one caste.

595 The extent to which Nayar kinship was in-
701 fluenced by their relation to the land and by the
526 military organization becomes clearer when we
184 compare the kinship system in Calicut and Cochin with that of Nayars in the northern kingdoms of Kolattunad, Kottayam and Kadattunad, north of the Kora River which formed the northern boundary of the Calicut kingdom at the height of the Zamorin's power.

Apart from the narrow coastal belt, the country in north Malabar was rocky and mountainous, and comprised much waste land and virgin forest. Perhaps because of this, the sparsely populated northern kingdom never achieved the degree of political centralization found in the central kingdom. Government was ostensibly by nadavaris owing a tenuous allegiance to their Rajas. In fact, however, in all these kingdoms chiefs perpetually rebelled against their Raja and shook off his power for long periods, while

595 within the chiefdom political control over and
701 within villages was insufficient and feuds were
566 common between adjacent villages and between
184 individual lineages. The Nayars were not organized as a permanent militia of retainers, but merely fought occasionally on [80] behalf of a local chief. Apart from small subcastes of servants round the palaces, they formed an independent caste of cultivators owning their own land and lacking the overlordship of Nambudiri Brahmans and the service of agricultural serfs. Consistent with the absence of a permanent military organization, we find that in the North, Nayar men themselves managed the cultivation of their estates and sometimes actually worked the land, and that here residence was traditionally avunculocal, and polyandry unknown.

835 (3) Traditional Incest Prohibitions and Prefer-
582 ential Marriages

The traditional incest prohibitions were simple. In all castes of Malabar, prohibitions on sex-relations between kin coincide with prohibitions on marriage; this in any case would obviously be so among Nayars who did not distinguish the two and had no concept of adultery. Sex relations were strictly prohibited within the lineage: infringement of this rule was traditionally punishable by death, and during British rule with excommunication. Relations were also prohibited between a woman and two men of the same property-group, as between a man and two women of the same property-group. Sororal polygyny and fraternal polyandry, as well

613 segments lifted out of their group on to separate
644 estates. The jointly owned land of the royal lin-
423 eage, in Ernaq, was managed by the sixth man karanavan after the fashion of an ordinary Na-
[701] yar property-group. As among Nayars, younger men of the lineage were trained as soldiers and fought in the Raja's wars.

However, it also happened that during these centuries, the Zamorin's lineage did not greatly increase in numbers. Indeed, in the 18th century it was obliged to save itself from extinction by adopting three girls from the royal lineage of Nileswaram in South Canara, north of Kerala. In 1792, the Zamorin was conquered by the British and, along with other rulers of what became Malabar District, retired from political office as the head of a large landowning lineage. The British to compensate the royal lineages gave them political pensions, payable in cash sums annually to each male and female. Shortly afterwards, the Zamorin's [90] lineage began to increase in size, and by the mid-nineteenth century had partitioned into three property-groups, Pudiya (New) Tavari which lives in a village in the modern Calicut division of Malabar District, Padinyare (West) Tavari, also in Calicut, and Kirakke (East) Tavari in Ernad Division. Pudiya Tavari has this century partitioned into three new property-groups. The extensive lands of each group are managed by their separate karanavans. The five sthanams with their landed estates are still occupied by the five eldest members of the lineage, who in addition receive their political pensions independently of the rest.

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Central Kerala Nayar

nearer to the sea (Innes, 1908: 270). The temperature varies from 70° to 90° and humidity is always high. Unlike most of the great kingdoms of India, Kerala had no single great river and no extensive, centrally organized irrigation system. Instead, her cultivated crops and lush vegetation depended on the heavy rainfall and numerous small rivers and streams by means of which small-scale irrigation was easily possible to groups of families.

Further, the heavy rainfall, seasonal floods, and hilly terrain made communications difficult until modern times. Before the partial conquest of Kerala by Mysoreans from the northeast in 1766, there were no roads, wheeled vehicles, or pack animals. The kings maintained small cavalry forces only in the coast towns, traveled in palanquins, and employed runners to carry messages to their vassal chiefs. Goods were dragged downstream by elephants, transported in boats, or carried on the backs of men. Armies moved slowly; local nobles sometimes rebelled against their rulers but warfare was abandoned in the heavy southwest monsoon season from May to September. The difficulty of communications and the lack of a centrally organized irrigation system may have been connected with the fact that Kerala had no regular land tax until the 1730's (*ibid.*: 308). Instead, the revenues of her rulers came from tribute in kind supplied by subordinate nobles, and from taxes levied upon overseas trade (Logan, 1951, II: ccxviii; Innes, 1908: 307–308).

In spite of the overseas trade, most of Kerala's villages were traditionally self-sufficient for the basic necessities of life. Quantities of manufactured goods were brought to Kerala's ports from other parts of India for shipment to the Middle East, but indigenous crafts such as weaving, metalwork, pottery, and basketry remained simple and served local needs. Kerala thus had no large urban castes of craftsmen and no indigenous merchant castes, but only immigrant communities of Syrian Christian, Jewish, Muslim, and, later, European merchants and Hindu merchants from other kingdoms of India, all concentrated in the coastal towns. The limited nature of trade and crafts and the comparative self-sufficiency of village life also help to account for the relatively decentralized political structure.

History

Little is known of Kerala until the first century A.D. It then formed part of the kingdom of Chera, whose capital was probably east of the Ghats at Karur on the Kaveri River in the modern Trichinopoly district. Chera, like its companion South Indian kingdoms, Chola and

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Central Kerala Nayar

Pandya, appears to have grown powerful on the basis of trade with Rome. Like Chola and Pandya, it was a Tamil kingdom; Malayalam, the modern language of Kerala, did not diverge from Tamil until about the tenth century (Sastri, 1955: 400). It is clear from the Tamil literature of the Sangam period that the basic features of Kerala's division of labor, caste system and village organization, must have developed during or before the Chera period (*ibid.*: 110–140). The three South Indian kingdoms temporarily disintegrated in the late third century, probably as a result of a sharp decline in Roman trade.

There is no mention of any matrilineal caste like the Nayars in the Chera kingdom. When and whence they came is uncertain. The most plausible suggestion is that during the Chera period they were a matrilineal hill tribe occupying the Ghats under chiefs who owed a tenuous allegiance to the Chera kings. They may have descended to the Kerala plains as invading barbarians about the fourth century, when the Chera kingdom collapsed (Ayyar, 1938: 43). Little is known of Kerala between the Chera period and the thirteenth century. All or a part of it passed under the rule of a succession of viceroys (Perumals) from various South Indian kingdoms to the east of the Ghats. The date of the last Perumal is quite uncertain. Many writers concur in placing him in the early ninth century, but he may possibly have lived as late as the thirteenth. Nayar chiefs and Nayar soldiers are first mentioned in three copperplate inscriptions, tentatively dated late seventh, mid-eighth, and early ninth centuries. The inscriptions record grants of land and judicial privileges on the coast to settlements of Jewish and Syrian Christian traders (Logan, 1887, I: 265). The grants were made by rulers of Kerala, presumably Perumals, and were witnessed by Nayar chiefs of Venad, Ernad, Walluvanad, and Palghat. All these districts were famous Nayar chiefdoms in the later periods and persisted until the eighteenth century. The plates suggest that Nayar chiefs with private armies had emerged as vassals of the Perumals at least by the ninth century. By the mid-thirteenth century, at the latest, the greater Nayar chiefs had become independent small kings, and the Perumals had disappeared.

Chinese had resumed trade with Kerala sometime in the Perumal period, and in the thirteenth century this trade greatly expanded under the empire of Kubla Khan. Concomitantly, two coastal Nayar chiefdoms with strategic ports expanded into small kingdoms by conquering the surrounding inland chiefdoms and monopolizing their trade. In the north was the Kolattiri kingdom centered about Mount Eli, and in the south the kingdom of Travancore or Venad, centered

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Central Kerala Nayar

621 564 471 613 [622] in a small palace and the head of it would fulfil the roles both of chief and of village headman. In other villages the land formed part of the estate of some large temple. These estates, called *sankētams*, were managed by assemblies of Nambudiris who held complete judicial rights over the lower-caste population. Finally, in yet other villages the land was owned by the matrilineage of a hereditary Nayar village headman (*dēsavari*) originally appointed by the king or by the chief of the district. The Nayar village headmen were drawn from castes ritually lower than those of their district chiefs. In Walluvaned and Calicut village headmen were usually drawn from the Kiriattil Nayar caste. The corresponding caste in Cochin was called Vellayma Nayars.

The landowning families in all of these villages were called *jenmis*. The eldest man of the extended family, whether patrilineal or matrilineal, had legal guardianship of his own family and, in another sense, of the village lands and inhabitants. He sanctioned marriages in all the castes, managed the land devoted to village temples, and paid the temple servants from its produce. A landlord family could not sell its land without the consent of the king and it usually remained on its site over many generations.

621 564 Villages were classifiable therefore as Brahman, temple, royal, chiefly, and Nayar headmen's villages. In some areas a group of villages of the same type might be adjacent to one another. In each village, subordinate to the landlord in ritual rank and administrative power, lived members of one or other caste of Nayar retainers or [178] vassals. In modern times these castes have tended to combine as a single caste of "high-class Nayars," so that their former roles are difficult to determine. So far as I could discover they were as follows.

564 [622] [613] First, a caste called Kiriattil Nayars in Calicut and Vellayma Nayars in Cochin. Most village headmen's lineages were originally drawn from this caste, but after they had assumed office these lineages isolated themselves as a separate sub-caste of higher rank than ordinary Kiriattils. Ordinary Kiriattils appear to have been usually retainers in villages commanded by Nayar village headmen.

Second, a caste called Purattu Charna Nayars ("outdoor retainers") in Calicut. Its members usually lived in villages owned by a district [701] chief or by the royal lineage. A special, higher-ranking subdivision of the caste called Pariccha Menons ("leaders of the shield") formed the Zamorin's private army and lived on royal land near Calicut.

Third, a caste called Agattu Charna Nayars ("indoor retainers") in Calicut. They also seem to have lived mainly in royal or chiefly vil-

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European trade shook the foundations of the caste system in other ways. Ports grew larger, and within them European merchants employed Christian converts, artisans, and runaway serfs. Near the ports, serfs sometimes became slaves, being torn from their ancestral lands and sold or hired for cash.

Nevertheless, until the introduction of steam power in the second half of the nineteenth century, the technology and over-all economy of Kerala did not change very radically. Trade was still limited to surplus crops, luxury goods, and metals. Inland villages remained largely self-sufficient, with the lower castes excluded from cash transactions. Upward mobility was virtually confined to Muslims, Christians, and the Hindu aristocrats above the rank of Nayar retainers. It seems to have been this lack of basic change in the technology which allowed the persistence of a strict, hereditary rank order in villages and, within each homogeneous local caste group, of kinship as the main organizing principle.

War and Law

The traditional period was one of perpetual wars between adjacent kingdoms, interrupted only in the rainy seasons. A royal lineage's strength lay in its monopoly of gunpowder, coinage, and customs dues, its ability to use foreign and Muslim ships for naval warfare, and its control of the royal domains both as a source of produce and of Nayar retainers as soldiers. Through its superior wealth and military power a royal lineage could force feudatory princes and vassal nobles to muster soldiers throughout the kingdom in periods of large-scale war. Each district and each village was classified according to the number of Nayar soldiers it could customarily muster for war. In the Zamorin's kingdom the strength of royal feudatories varied between 18,000 and 1,000 Nayars; of Nayar chiefs, between 5,000 and 100; of village headmen, between about 100 and 25 (Ayyar, 1938: 278). Records of the muster of each feudatory were kept by the Nayar clerks of the palace. The primary duty of each chief was to assemble regularly the soldiers of his district for military exercises at the capital, and in time of war to lead them to battle, with the king himself at their head. Within the district military training was organized on a village basis. This might be done by a Nayar village headman, by the chief himself, or, in Brahman villages, by a Nayar military leader (Asan) who acted for the chief or the king. All Nayar boys of the retainer, village headmen, and chiefly and royal

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castes seem to have received a military training, although some, especially of the Agattu Charna caste, later became clerks (Dames, 1921: 18–19; A. Gray, 1887, I: 412–413).

The Nayars' traditional arms were the sword, shield, lance, and the bow and arrow, although gunpowder came into increasing use after the Portuguese arrived. Before 1500 battles were highly stylized (cf. C. A. Menon, 1911: 56; Ayyar, 1938: 118, 171). Not more than 10,000 were commonly brought into the field at one time. Severe loss of life was prevented by the employment of Brahman emissaries who, if fighting became intense, might enter the field and arbitrate between the leaders. If, however, the king or a chief were slain, his personal vassals had to fight to the death or until their honor was avenged by the slaughter of a corresponding leader on the enemy side (Logan, 1951, I: 138).

Later, with the introduction of cannon and fortresses by the Europeans, battles became more frequent and devastating. The Zamorin mustered a total force of between 50,000 and 60,000 at various times in the sixteenth and seventeenth centuries against the ruler of Cochin (Ayyar, 1938: 169, 182). The kings had to rely increasingly on paying their soldiers in cash rather than on sporadic feudal levies. Permanent conquest and the control of rich lands also became a more urgent aim of the kings as the overseas trade expanded. But the Nayar techniques of fighting and their code of honor persisted until British times.

Within each kingdom, law was administered at several levels. Each local caste group had its own periodic assembly of household heads to judge crimes (which were also sins) against the caste's religious laws. These included wrongful interdining and sexual relations with members of other castes. The chief punishments were fines for the upkeep of the caste shrine and temporary ostracism. Grave offenders were excommunicated with the consent of the chief. They then became the property of either king or chief and were sold as slaves to foreign traders. In the larger castes such as Tiyyars or Pulayas the local caste group was often contained within the village. The smaller castes of village servants each had their own assemblies extending over a group of adjacent villages.

Among retainer Nayars the local caste group might comprise the Nayars of one caste within one village, within a section of a large village, or within a group of two to four adjacent small villages. This area was called a *tara* in the Calicut kingdom and a *kara* in Cochin; we shall call it a neighborhood. Its assembly was called a *tara-kūttam*

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Central Kerala Nayar

613 in Malayalam and some became famous poets during the sixteenth
868 and later centuries. A Nayar received his arms from his feudal lord
[212] —a village headman, a district chief, or a prince—at the age of six-
teen. From this time until, perhaps, late middle age, he seems to have
[702] spent periods of each year away from his village attending military
[726] exercises in the larger towns or fighting in the continual wars against
the North Malabar chiefdoms, Walluvanad, or Palghat, or between
Cochin and Calicut themselves. Evidently Nayars also spent long pe-
riods in their villages, at least in the monsoon seasons, for they policed
the villages, arranged village festivals, were bailiffs on the landlord's
domain, and paid regular visits to local wives. Nayar youths were also
obliged to attend with their seniors and fulfill ceremonial obligations
[182] at the life-crisis rites of the landlord family. The rites were of course
[439] conducted in a grand manner and served as a focus for the collec-
tion and redistribution of perishable goods throughout the village.

613 Nayar youths also did some cultivation of vegetables and spices in
868 the gardens of their taravāds. Every youth received a rigorous train-
ing in cultivation methods, land management, the keeping of accounts,
241 and the construction of houses, either directly from his kāranavan or,
more usually, from the brothers of his own mother. However, there
was no clear-cut allocation of differential authority and economic roles
among the junior men of a taravād in this area. This was evidently
not necessary because the bulk of the work was done by tenants and
serfs, whose management could be most easily controlled by a single
experienced man. It was enough that a young Nayar should learn *how*
to manage and to cultivate so that he might one day replace his kārana-
van. Their military duties were obviously the important ones for junior
● [701] Nayars. It is unfortunate that we know next to nothing about how they
were organized in the army, or even if they fought in lineage groups
under the leadership of their mothers' brothers. All we know is that they
were for the most part recruited in lineages, with the members of one
lineage serving the same feudal lord.

613 The division of labor between the sexes was less rigid than in most
462 Hindu castes, but was well demarcated in daily life. Girls played with
boys, attended the village school, and even received training in the
[588] gymnasium, until they underwent the tāli rite, usually at about the age
of eleven. After this they were segregated from the men of their lin-
eage and concentrated their time on domestic tasks. For most pur-
poses the group of matrilineally related women formed a single work
unit under the informal authority of the oldest (or oldest competent)
woman. She gave out produce for cooking and allotted to each woman

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595 Leaving aside the problem of origins, however, what I would argue
182 is that the *specific* form of group marriage evolved among Central
● 701 Kerala Nayars in the period of the native kingdoms was particularly
[566] adapted to their military organization, which in turn was made possible by the existence of the lower castes of sub-tenants and serfs. The work of the tenants and serfs absolved Nayar men from the duty of maintaining the women and children of either their natal or their conjugal units by their own productive activities. It set free most of these men for a lifetime of military service; in each matrilineal group only one old man was needed at home to organize the work of the household's retainers. Given matrilineal descent and inheritance, and given the mobility of men and the absence of male economic obligations to kinswomen, there was no reason why either men or women should restrict themselves to particular spouses. There was also, as the early European writers realized, a positive value for the kingdom in their not doing so, for plural marriages discouraged soldiers from forming deep attachments to particular wives and children, and encouraged them to focus their loyalty on military leaders and on the matrilineal groups through which they were recruited. At the same time, plural marriages provided the soldiers with ready comforts and a night's lodging both in their own villages and in other villages of the kingdom through which they might pass. Whether or not chiefs regularly enforced indiscriminate mating among Nayar women of their districts in order to strengthen their soldiers' allegiances, a system of group marriage involving optional multiple alliances certainly fitted the way of life of a landed militia, already (for historical reasons)
[178] organized into matrilineal descent groups. A close connection between group marriage and the military organization is further suggested in that, after the British had disbanded the armies in about 1800, although matrilineal descent persisted for over a century, group marriage rapidly died out. Within about thirty years monogamous marriage in Central Kerala, and monogamous or restricted, fraternally polyandrous marriage in Travancore, had become common, and fathers had assumed a definite role in the upbringing of their children.

Kinship in the Aristocratic Matrilineal Castes

THE LINEAGE

613 Among the retainer Nayars a household whose membership rose above
592 about thirty tended to divide its property between its segments when
423 the senior males who had spanned the segments were dead. Correspondingly, lineages and clans of retainer Nayars went through a grad-

3:Gough E-4, 5 (1947-1949)1961 AWll Kerala AWll
North Kerala Nayar

marks that "When a high-caste Nayar becomes ripe, he turns into a king."

Low productivity and poor communications perhaps made the exaction of tribute more difficult than in Central Kerala, and this fact, plus the uncertain nature of trade, made the local rulers perennially short of funds. This is probably the reason why, although they were trained for warfare in gymnasia in their villages, Nayars were not regularly conscripted into a national army. Instead, they merely fought sporadically on behalf of local chiefs. Further, chiefs and village headmen were insufficiently strong to bring all the land under their control. Their domains were larger than those of Nayar commoners, but most commoner Nayar property groups were independent small landlords in their own right within their villages. Since they were not full-time warriors and since in many areas they had no serfs, Nayar commoners also did part of their own cultivation on their small estates. Part of their land, however, they leased to Tiyyar tenants as in Central Kerala. The polluting castes of village servants had the same rights and spatial distribution as in Central Kerala. In general, the economic processes of reciprocity and redistribution in villages proceeded in a comparable manner.

As independent warrior-cultivators, the Nayar commoners were not divided into separate castes of retainers owing allegiance as vassals and *kānam* tenants to different kinds of lords. Most villages were nominally under Nayar village headmen. In villages of the Kottayam and Kadattunad kingdoms, both the headman's lineage and those of the Nayar commoners belonged to a large caste called Nambiars, who appear to have intermarried throughout the kingdom. Although of the same general caste as commoners, and not forbidden by religious law from intermarrying equally with commoners, Nambiar village headmen's lineages tended, however, to intermarry only with each other or to take wives only from the commoners, occasionally giving their own women in marriage to chiefs or Brahmans. Chiefs claimed a higher caste rank as Samantan Nambiars, and royalty as Kshattriyas. These aristocratic lineages conducted hypergamous marriages with each other and with Nambudiris as in Central Kerela.

Judicial processes were somewhat less centralized than in the Central kingdoms. At least in theory, grave crimes and civil disputes in urban centers seem to have been tried in royal courts, but most civil disputes inland were apparently tried by local chiefs. Under the chiefs, caste assemblies of neighborhoods took care of crimes against religious law as in the Central kingdoms. Murder among Nayars

3:Gough E-4, 5 (1947-1949)1961 AWll Kerala AWll
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THE PROPERTY GROUP

The property group, a segment of the lineage, was among Nambiar commoners of roughly the same size and internal composition as among the Nayar retainers of Central Kerala. Its members jointly owned both movable and immovable property in the same manner. Its kāranavan managed the estate, had legal guardianship over members, and was legally responsible for them to the local caste assembly and to the chief. All Nayar property groups appear to have owned some garden and rice lands as *jenmis*. In addition some leased land on kānam tenure from chiefs, royalty, or Brahmans if any were present in their village. A property group whose membership was expanding might bring under cultivation waste land belonging to the chief on a tenure known as *kurikānam*. The tenant had the right of occupancy for twelve years without paying rent; he then paid an annual share of produce to the landlord. The improvements he made (trees, houses, etc.) were his own and he could not be evicted without compensation for them.

Residence was ideally *avunculocal*. Plural marriages for women were forbidden, and a man normally brought his wife to live with him on his matrilineal estate for the duration of the marriage. This mode of residence was apparently related to population density and to the sexual division of labor. Some duolocal marriages did exist between partners living in nearby houses in the same village. However, houses and villages were so scattered that most men would have had difficulty in maintaining a visiting relationship with a wife. Matrilocal residence was also disadvantageous because men did much of the work of cultivation on their own estates, were required to defend their estates against invaders, and were mobilized by the chiefs in war on the basis of property-group membership. A few junior men lived matrilocally for short periods, but the kāranavan and most of the adult men lived on their own estates.

In the relatively small property groups of commoners, the dwelling group was thus often an avunculocal extended family. It would comprise a group of brothers, their wives and immature children, their adult sisters' sons, and the wives and small children of these men. Divorced or widowed women born into the property group also had the right of permanent residence there, and married women born into it might return to live there for several weeks or months when they wished.

In the larger property groups of some commoners, village headmen, and chiefs, the main ancestral house might be reserved for

3:Gough E-4, 5 (1947-1949)1961 AWll Kerala AWll
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591 matrilocally in a home with the wife's mother and sometimes with
178 others of her older matrilineal kin. Twenty-six couples (49 per cent)
592 lived neolocally in a house provided by the husband and containing no natal kin of either husband or wife. Of these 26 neolocally resident couples, 6 (11 per cent) lived in a house which the husband had inherited from his dead father; 3 (6 per cent of the total) lived in a house which the husband had obtained from his taravād; 14 (26 per cent) lived in a house newly built by the husband for his wife.

594 These figures may be contrasted with the modern picture in a
613 Central Kerala village, where the marketability of land and labor
178 have also brought about a partial disintegration of matrilineal descent groups and an emergence of the elementary family as a residential and economic unit. Both in Central and in North Kerala, moreover,
595 marriage has been compulsorily monogamous since the 1930's, men
656 have been legally obliged to maintain their wives and children, and
178 the whole of man's private intestate property has passed to his mother,
428 wife, and children at his death (Madras *Marumakkattāyam* Act, 1933; Cochin Nayar Act, 1938; Nair, 1941: 306). In addition, it has now be-
421 come legally possible for the members of a taravād to divide their
613 matrilineal ancestral property on a per capita basis. Once the ancestral property has been divided into individual shares in this way
178 it becomes private property in law and is heritable in the same manner as are self-acquisitions. Both in Central and North Kerala, therefore, economic change and resultant modern laws have combined to break down traditional matrilineal descent groups.

425 In Central Kerala, however, population is denser and there has
178 been less waste land available for individual cultivation. Over the
464 past hundred years, therefore, when individual men have acquired private plots, it has more often been through purchase of already
[160] cultivated land than through cultivation of virgin land. Further,
[701] Nayar men in Central Kerala, having been a professional militia, tended after the disbanding of their armies either to remain non-cultivating owners and tenants or where possible to move into new forms of salaried employment. Central Kerala today is more urbanized than is North Kerala, so that a much greater proportion of Nayars have salaried work in factories, as clerks, as government servants, as schoolteachers, or in the armed services. Many are unemployed and merely live from their ancestral lands. Particularly among retainer Nayars, who are relatively poor, men have amassed less self-acquired
423 land than was possible for Nayar cultivators in North Kerala. More-
178 over, because Nayar men are often not themselves the cultivators of

6:Fawcett G-5 (ca. 1900)1915
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[P.185]

THE NÂYARS OF MALABAR.*

IT is likely that some of the gentle readers of this monograph are not familiar with "The Lusiad," the epic poem of Luis de Camoens, the restless soldier-poet who sailed with a detachment of the Portuguese for the West Coast of India in 1553. Voltaire, who is not given to redundant praise of anybody, styles him the Portuguese Virgil. At any rate he has written a fine epic, and from it I will quote a few lines concerning the Nâyars, with whom he came in personal contact three and-a-half centuries ago.

"Polias the labouring lower clans are named;
"By the proud *Nayres* the noble rank is claimed;
"The toils of culture and of art they scorn,
"The warrior's plumes their haughty brows adorn;
"The shining faulchion brandish'd in the right,
"Their left arm wields the target in the fight;
"Of danger scornful, ever armed they stand
"Around the king, a stern barbarian band." †

A former Governor of Bombay, Johnathan Duncan by name, who visited Malabar in 1792-3, has anticipated me in quoting some of these lines, and with regard to them he observes: "These lines . . . . . contain a good description of a Nâyar, who walks along, holding up his naked sword with the same kind of unconcern as travellers in other countries carry in their hands a cane or walking staff. I have observed others of them have it fastened to their back, the hilt being stuck in their waist band, and the blade rising up and glittering between their shoulders." ‡

The Nâyars, the Nareæ of Pilny, (Nat. Hist. VI, 21), were the swordsmen, the military caste of the west coast of India. There are some small sects or castes intervening, but broadly speaking the Nâyars rank after the Nambûtiris in Malabar, and they occupy the same position in the Native States of Cochin and Travancore.

* The first article of this series was in Bulletin, Vol. III, No. I, where the Nambûtiri Brahmans of Malabar were described.

† Mickle's Translation, London, 1798.

‡ Logan's "Manual of Malabar," page 137.

6:Fawcett G-5 (ca. 1900)1915
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lucky moment for the setting out on this particular occasion on the last day's stage of the journey was at the rising of the constellation of Aquarius.

"The *Tirunāvāyi* temple stands on the north bank of the Ponnāni river close to the present line of railway. Passengers by train can catch a glimpse of it by looking across the level expanse of paddy-fields which lie south of the sixth telegraph post on the three hundred and eighty-second mile of the railway. There is a modest clump of trees on the river bank hiding the temple, the western gateway of which faces a perfectly straight piece of road a little over half a mile in length stretching from the temple gateway westwards to the elevated ridge hemming in the paddy-fields on the west. This road is but little raised above the level of the paddy flat. Directly facing this straight piece of road as the elevated ridge is reached there are three or perhaps four terraces, the outlines of which may still be traced in the face of the precipitous bank.

"A little to one side of the upper terrace are the ruins of a strongly built powder magazine, and on the flat ground above and on both sides of the fine avenue shading the public road at this place is ample space for the erection of temporary houses.

"In a neighbouring enclosure under cultivation is a disused well of fine proportions and of most solid construction.

"From the upper terrace alluded to a commanding view is obtained facing eastwards of the level rice-plain at foot, of the broad placid river on the right backed by low hills, of higher flat-topped laterite plateaus on the left, their lower slopes bosomed in trees, and, in the far distance, of the great chain of Western Ghâts with the Nilgiris in the extreme left front hardly distinguishable in their proverbial colour from the sky above them. It was on this spot, on a smooth plateau of hard laterite rock, raised some 30 to 40 feet above the plain, that the Zamorin used several times in the course of the festival to take his stand with the sword of Chēramān Perumāl, the last emperor, in his hand.

"The sword is and has been for centuries, slowly rusting away in its scabbard, but it is not alone on it that the Zamorin depends for his safety, for the plain below him is covered with the 30,000 Nâyars of Ernâd, the 10,000 of Polanâd and numberless petty dependent chieftains, each counting his fighting men by the hundred or the thousand or by thousands. Away on the right across the river are the camps of the second prince of the Zamorin's family and of the dependent Punnattūr Raja; the third, fourth, fifth, and sixth princes' camps too are close at hand in the left front behind the temple, and behind the terrace itself is the Zamorin's camp.

"The whole scene is being made gay with flags as an elephant is being formally caparisoned with a chain of solid gold

6:Fawcett G-5 (ca. 1900)1915
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stand on the terrace, assumes the sword and shakes it, men rush forth from the crowd at the west temple gate only to be impaled on the spears of the guardsmen who relieve each other from day to day. The turns for this duty are specifically mentioned in the chronicle thus: 'on the day the golden ornaments are begun to be used the body-guard consists of the thirty thousand; of Ellaya Vakkayil Vellōdi (and his men) the second day, of Netiyiruppu,* Mūttarāti Tirumulpād (and his men) the third day of Ittatūrnād,† Nambiyātiri Tirumulpād (and his men) the fourth day, of Ērnād Mūnāmkūr,‡ Nambiyātiri Tirumulpād (and his men) the fifth day, of Ērnād,§ Elankur Nambiyāttiri Tirumalpād (and his men) the sixth day, and of the ten thousand,‖ the Calicut Talachanna Nāyar and Ērnād Mēnon the seventh day.'

[701]

"The chronicle is silent as to the turns for this duty on the eighth, ninth and tenth days. On the eleventh day, before the assembly broke up and after the final assault of the *Chāvers* had been delivered, the *Ernad Elankur Nambiyātiri Tirumalpad* (the Zamorin next in succession) and the *Tirumanisseri Nambūtiri* were conveyed in palanquins to the eastern end of the narrow palisaded lane, and thence they advanced on foot, prostrating themselves four times towards the Zamorin, once at the eastern end of the lane, twice in the middle, and once at the foot of the terraces. And after due permission was obtained they took their places on the Zamorin's right hand.

"After this, so the chronicle runs, it was the duty of the men who have formed the body guard to march up with music and pomp to make obeisance. On this occasion, however, a large portion of the body-guard seems to have been displeased, for they left without fulfilling this duty, and this story corroborates in a marked way the facts already set forth (page 132) regarding the independence and important political influence possessed by the Nāyars as a body.

"The *Ernād Menon* and the *Calicut Talachanna Nāyar* with their followers were the only chiefs who made obeisance in due form to the Zamorin on this occasion, and possibly by the time of the next festival (1695 A.D.), of which Hamilton wrote, the dissatisfaction might have increased among his followers and the Zamorin's life even may have been endangered

* The fifth Prince of the Zamorin's family.
† The fourth Prince of the Zamorin's family.
‡ The third Prince of the Zamorin's family.
§ The second Prince and heir apparent of the Zamorin's family.
‖ The ten thousand of Pōlanād, the district round about Calicut, formed the Zamorin's own immediate body-guard—Conf. the account contained in the *Kēralolpatti* of how these men were originally selected—Chapter III, section (*a*).

7:Gough E-5 (1947-1949) 1955 AWll Kerala AWll
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royal lineage. The retainer sub-castes disputed for rank and, in their separate villages, held the same rights of administration over the lower castes. In all these sub-castes, including the royal lineage, men were trained from the age of seven as soldiers in village gymnasia headed by military leaders (Asāns), and formed a permanent, mobile militia of the kingdom. Below the retainer sub-castes in rank came the small, non-military Nayar servant sub-castes of oil-mongers, funeral-priests, washermen, and barbers.[1] Quite apart from these Brahman and Nayar sub-castes, in a separate area of the village lived the lower patrilineal castes of tenants and menials and the lowest, 'exterior' castes of serfs.

The Nayar Kinship System. The Nayar lineage (*taravād*) is exogamous and matrilineal kinship terms are extended throughout its range. Its members are united by the observance of fifteen days' ritual pollution at a birth or death, and traditionally by worship of the spirits of dead heads of the lineage, and of a group of totemic snakes. The lineage is divided into small segments, which I call property-groups, each three to five generations deep. Each group is headed by its eldest man (*kāranavan*) who is the legal guardian of its members and controls their property.

The property-group was also until recently the dwelling-group. Residence was, and is still in some houses, uxorilocal: a husband visits his wife after supper and leaves before breakfast. Traditionally, a woman might have any number of lovers of appropriate sub-caste, and a man any number of mistresses. This custom of combined polyandrous and polygynous unions, besides being consistent with a strong matrilineal lineage system, was almost certainly associated with the occupation of Nayar men as soldiers, since it began to die out shortly after the armies were disbanded, about 1810, and a hundred years before the lineage showed signs of disintegration.

The rules of mating were as follows. Sex relations were prohibited within the lineage, and with more than one man or one woman of the same lineage. The Nayar servant sub-castes of oil-mongers, funeral-priests, washermen, and barbers were endogamous, as were all the lower patrilineal castes and the serf-castes. Within the range of military and ruling sub-castes (except for the royal lineages which admitted no peers), all unions were permissible outside the lineage and the range of prohibited affines, and within the sub-caste. Furthermore, these sub-castes were knit together by 'hypergamous' unions between women of lower and men of higher sub-caste. Members of the three retainer sub-castes, which disputed for rank, had only temporary and sporadic sex-relations across sub-caste boundaries. These took place during war when soldiers were permitted to contravene the normal rules against dining with or touching members of other retainer sub-castes and might enter each others' houses in order to eat and sleep. More permanent relationships were encouraged between women of the retainer sub-castes and Kiriyattil, Sāmantan, royal, or Nambūdiri men; between Kiriyattil women and Sāmantan, royal, or Nambūdiri men; between Sāmantan women and royal or Nambūdiri men; and between royal women and Nambūdiri men. The royal lineages, acknowledging no others as peers, were obliged to marry all their women upwards and all their men downwards. The Walluvanād and Cochin princesses married Nambūdiri men, the princes Sāmantan, Kiriyattil, or retainer-women. The Zamorins at first married only some of their women to Nambūdiris, and the rest to men of the more ancient royal lineages of Beypore, Bettem, and Kodungalur, all of whom had been conquered by the Zamorins and made honoured vassals in their kingdom. At some time in the 18th century, the Zamorin's lineage gave up this practice and began to marry its women only to Nambūdiris, while continuing to marry its men to Sāmantan, Kiriyattil, and retainer-Nayar women.

[1] Respectively called Vettukads, Attikurnis (Chidigans in Cochin), Velutheclans, and Vilakkatalavans. The small temple-servant castes who rank between Nambūdiris and Nayars and were also concerned in hypergamous marriages are for lack of space excluded from this discussion.

7:Gough E-5 (1947-1949)1955 AWll Kerala AWll
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collapsed and the old system of differential land-rights between Nambûdiris and rulers on the one hand and their Nayar tenants on the other has been seriously undermined. Yet even today Nayars remark with pride that their lineage has 'fathers' in the lineages of their former landlords and chiefs, while chiefs and royalty alike revere their Nambûdiri *genitors*, and boast that the blood of these Gods of the earth is running in their veins.

Part II. The Nayar *Tali*-Rite in North Malabar

North Malabar lies north of the Kora River, being the old kingdoms of Kolattiri, Kurumbrattiri, and Kadattunad. Except for the coast-towns expanded by Europeans, it is sparsely populated and mountainous; part of it is forest. Villages lie separated by hill ranges, usually as clusters of houses on the hillsides surrounding small wet paddy-flats in the valleys. This contrasts with South Malabar and Cochin, where the coastal plain is wider, paddy-land extensive, and settlement usually continuous between villages.

Perhaps because of its difficult environment, North Malabar did not before 1792 approach the degree of political centralization achieved in the central area. The Kolattiri Rajas, it is true, temporarily conquered Kottayam, Kurumbranad, and Kadattunad, but the area was never consolidated as was the Zomorin's kingdom. Within the small kingdoms, *nâduvaris* fought each other and rebelled against their Rajas, allying themselves with different rulers as suited their needs of the moment. Neighbouring *desavaris* sometimes fought each other within the *nâd*, while within the *desam*, *kudipaga* (lineage-feud) persisted till modern times.

Consistent with this lack of political centralization, high-class Nayars were not divided into sub-castes with administrative and occupational functions. Instead they had exogamous clans, dispersed between many villages. In Kottayam and Kolattunad the bulk of Nayars were Nambiars, independent land-owners owing only nominal allegiance to a chief. *Desavaris*, appointed by the Raja or the *nâduvari*, had administrative powers in their villages but belonged to the same sub-caste as other Nambiars. In most villages the land was divided between the Nayar property-groups as owners, Nayar tenancies being less common than in the south. *Nâduvari* lineages, however, usually owned the land in the whole village where they lived, employed Nambiar tenants as retainers, and claimed superior caste-rank, calling themselves Samantan Nambiars. Nambûdiri Brahmans are fewer in the north than in the south, especially since the Muslim invasions from Mysore in the 1760s, when many fled to Travancore. Those who remain live as landlords in widely separated villages, with local Nambiar lineages as retainers. The Nayar servant castes are spatially distributed as in the south. The lower polluting castes of manual workers are present in similar proportions, but Tiyyars and their washermen and barbers are matrilineal in North Malabar, patrilineal in the south.

The Nayar Kinship System. North Malabar Nayars, though trained in arms in the private gymnasia of their lineages, were not recruited as a permanent militia of the kingdom. Instead they cultivated their own lands with the aid of Tiyyar tenants, the serf castes being absent over most of the area. It seems largely because of this difference of occupation, North Malabar Nayars are virilocal: a wife moves on marriage to the ancestral house of her husband, and remains with him with rare exceptions till his death. Her children are brought up by their father and commonly return to their own lineage at puberty. A boy then begins to manage his *tarawâd* property under the direction of his *kâranavan*, while a girl is shortly afterwards married, from the lineage house, by common consent of her *kâranavan* and her father, often to the *kâranavan*'s son or to a maternal nephew of the father.

Divorce is permitted, but is rarer than in the south. Polygyny is rare, polyandry even traditionally forbidden. A cuckolded husband formerly cut off the hair of his wife and returned her to her lineage. The *genitor* has customary rights in and obligations to his children. In

8:Panikkar I-4, 5 (no date) 1918 AWll Kerala AWll Nayar

the Mamalukes of Egypt.[1] Camoens, the Milton of Portugal, described them in these lines :—

> "By the proud Nāyars noble rank is claimed ;
> The toils of culture and of art they scorn,
> The shining falchion brandished in the right,
> Their left arm wields the target in the fight."

As a matter of fact, the Nāyars as a military aristocracy have been famous ever since Marco Polo travelled in Asia.

"In this region of Malabar," says Gaspar Correa, writing on the three voyages of da Gama,[2] "the race of Gentlemen is called Nairs who are people of war. They are people who are very refined in blood and customs and separated from all other people. So much do they value themselves that no one of them ever turned a Moor."

"Of these Malabars there are two manner of people (the one is) Noblemen called Nāyars which are soldiers and do only weare and handle arms and the other is the common people called Polayas. The Nayros must [in all places] where they go or stand weare such arms as are appointed for them and alwaies be ready at the King's commandement. . . . . .

"As these Nayros go in the streets they cry po ! po ! which is to say take heed I come, stand out of the way."[3]

Historical circumstances have also had their share in the abundance of material which foreigners have left with regard to the Nāyars. Malabar was the seat of Arabic trade, and the Portuguese first landed at Calicut. During the hundred and fifty years of Portuguese power in India they had dealings mostly with the Zamorin of Calicut, the Rajah of Cochin, and the Deva Narayana, Rajah of Prakaud. That was the land from which spices came, and the Portuguese, therefore, were interested in the petty politics of these principalities. The Dutch, who followed then, also had their main interest on the mainland of India centred on Cochin, and in the first beginnings of English commerce, also, Malabar had a share. Apart from these a number of observant travellers has visited the seaboard of Malabar.

But though material of a kind is, therefore, abundant, it is found on closer examination to be unscientific and unreliable. The Nāyar Society of the eighteenth century, or an age previous to that, cannot be reconstructed from the observations of either Duarte Barbosa or Vinschar. An accurate and scientific description of the state of society prevalent before European contact is possible only after a thorough and searching study of Nāyar literature. Camoens' description of the Nāyars as scorning the toils of culture is not true. Malayalam has an extensive

[1] Had they (the French aristocracy) been like the Mamalukes of Egypt or Nāyars of the coast of Malabar. (*French Revolution*, p. 148, World's Classics.)

[2] *Voyages of Vasco da Gama*, Hakluyt Soc., vol. i, p. 185.

[3] *Voyage of Linschoten to the East Indies*, translation of 1598. Edited by Hakluyt Soc., vol. i, p. 278 *et seq.*

He had criminal and civil jurisdiction and the right to claim military service from the Nāyars under him. The *Nadu Vazhis* kept a local force varying between five hundred and one thousand men, which they were obliged to put into the field at the command of their Rajah. The *Nadu Vazhis* were kept under control by the Rajah when he was able to do so. But in any case they were bound to fight for him. Below these *Nadu Vazhis* were *Desa Vazhis* (lords of the Manor). They had the right of keeping a *Kalari* or a military academy. In each village there was one *Desa Vazhi* (sometimes more), who was called master (*Asān*) by the Nāyars. He was their military preceptor in peace time and their leader in war time.

The principal business of the *Desa Vazhi* was to train the young men of *Desa* in his *Kalari*. All Nāyar boys after twelve were supposed to attend the *Kalari* and learn boxing, fencing, sword play, military formation, and the ordinary rules of warfare. For such training the *Desa Vazhi* was not paid. After eighteen the boys were not supposed to attend the *Kalari*, but were required to be ready to start for war at a day's notice.

The *Kalaris* are still in existence. Even now the Nāyar young men who do not go to English schools get some sort of a training with imitation swords and shields, because swords are prohibited by the Arms Act. In certain families one male member has to be proficient in this art so as to be able to teach the others. The *Kalaris*, though now visited by people only for the extreme beauty of their architecture, are still used by the Nāyars of the *Desas* as places of worship.

On the festival days in the village temple the Nāyars, who have been thus trained, even now hold a review in martial array (*vīla*). In Trivandrum, which is the capital of the Maharajah of Travancore, this feature is very prominent. In other places there are still *Patayanis* (*Pata*=war, *ani*=to get ready). All the Nāyars of the surrounding districts assemble, and the ceremonies which in former days stood for military manœuvres are held with great enthusiasm.

The centre of all the martial and, consequently, of the social life of the Nāyars is, therefore, the *Desa*. In each village there is a temple owned by the community. The temple is generally self-supporting, and occasionally very rich. The temple authorities are appointed by the village. The power is generally vested in the *Pramanis*, or the chief men. In each village there are certain families who have the right of being consulted in all matters connected with it. The head of these *Pramanis* is the Lord of the Manor.

In describing the organization of the village, it is better to take one practical example which is typical. Kavalam is such a village. I shall, therefore, confine myself to the description of the organization of that village.

The village is supposed to consist of one hundred and fifty houses. This is the traditional number, but at least fifty of these have emigrated. But though they live in other parts of the country they are still considered to belong to this organization. In all the ceremonies that require the sanction of the village the emigrant,

[i.e., The Nadu Vazhi -- Analyst]

9:Iyer E-4, 5 (ca. 1902-1906)1912
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174 not borne out either by any Sanskrit authority or Dravidian traditions;[1] but certain legends refer to conflicts between them and the Hindu colonists of later times, and these are said to have been led by Parasurama, and the Nagas from Pätäla whom they found in possession of the country.[2] The latter were not forced to divide the spoil with the Kshatriyas or warriors who elsewhere counterbalanced the power of the Brahmans, and obliged them to keep up a continual struggle in which victory alternated with defeat. These internecine dissensions gave the indigenous element a chance to recover itself by degrees, and finally gave birth to a military aristocracy called the Nayars.[3]

● 701 The Nayars of ancient times formed the chief militia in Cochin, Malabar and Travancore, and their valour and other fighting qualities evoked the admiration of foreigners, and inspired even the restless Portuguese poet Cameons, who described them in the following apt lines:—

The military character of the Nayars.

> Poliar the labouring clans were named;
> By the proud Nayars the noble rank is claimed;
> The toils of culture and of art they scorn:
> The shining faulchion brandished in the right;
> Their left arm wields the target in the fight.

175 One of the earliest accounts of the Nayars is found in the 701 writings of Duarte Barbosa, who described them as men of noble descent, who had to be armed as knights by the king or lord with whom they lived, and who could not call themselves Nayars until they had been so equipped as to bear arms. They were generally sent to school at the age of seven to learn all [868] manner of athletic feats and to enable them to use their [447] weapons.[4] Their sinews and joints were so stretched and anointed with the *oyle sesamus* by skillful fellows called "Panicars," who were captains in war, that they became very light and nimble; and could "wind and twine their bodies" as if they had no bones. They cast themselves backwards and forwards, high and low, to the astonishment of the beholders, and the delight in their weapon was so great that they

1. Grammar of the Dravidian Languages, Introduction, page 107.
2. The Sun and the Serpent, page 107.
3. Primitive Folk, page 107.
4. A description of the Coasts of East Africa and Malabar by Duarte Barbosa, page 128—129.

9:Iyer E-4, 5 (ca. 1902-1906) 1912
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persuaded themselves, that no nation could handle it with such skill and dexterity.[1] Such trained young men became the guards of some king or lord, and so faithful and obedient were they, that they had no hesitation to die for him when required. They were the greatest and worst enemies of the Portuguese, and did a great deal of mischief to them by sea. Some of them had a naked rapier or cutlass in their right hand and a great target in their left, made of light wood, some again were armed with bows and venomous arrows upon their shoulders; and while moving about, they made a great noise by knocking the hilt of the rapier against the target in order that they might be heard. Others carried long pikes, some pecus with the match readily lighted, and had the best locks that could be found in all Europe. They knew how to use them, and the Portuguese had no advantage over them. Wherever they went, they carried their arms both by day and night.[2]

"They went into battle almost naked, threw javelin with equal address backward and forward, and drew the bow with such skill that their second shaft often split the first. Their extraordinary agility made them the terror of every combat in forest or jungle. On the smallest provocation they prepared themselves for death, and having done so, one would hold his ground against a hundred. Those attached to the person of the prince made it a point of honour not to survive him."[3]

Their military dress and mode of fighting.

"The military dress of the Nayar is a pair of short drawers and his peculiar weapon is an instrument with a thin but very broad blade hooked towards the edge like a bill-hook or gardener's knife, and about the length of a Roman sword. The hooked instrument, the inseparable companion of the Nayar whenever he quits his dwelling on business, pleasure or for war, has no scabbard, and is usually grasped by the right hand as an ornamental appendage during the time of peace and used for destruction in war. When the Nayar employs his 'musquet' or his bow, the weapon already described is fixed in an instant by means of a catch in the waist belt, with the flat part of the blade diagonally across his back; and it can be

1. Johnstone in his relations of the most famous kingdom in the world, 1611.
2. Voyages of Linschoten to the East Indies,
3. Graul Reise nach Ost Indien,

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disengaged as quickly whenever he drops his 'musquet' in the wood or slings it across his shoulders for the purpose of rushing to close encounter with this terrible instrument." [1]

Cavalry was unknown; there was only infantry. The soldiers wore a silk cloth wound round the head and carried swords, shields, lances and bows. The king had an umbrella formed of the leaves of a tree and fixed on to the end of a cane, for protection from the sun. There was no standard. When they were in battle, and one army was at a distance from the other, two ranges of a cross-bow, the king would ask the Brahmans to go to the camp of the enemy and tell the knights to let one hundred of his men fight with the same number on his side, when both the parties would go to the central space to do so. The fighting continued even for three days, when blows were given on the head and at the legs. After the death of some men on either side, the survivors were directed to return to their camps. If any more fighting was desired, the same course was adopted. Sometimes the king rode on an elephant, and sometimes the Nayars carried him. The pay of a soldier was four carlini a month, and in time of war half a ducat.

The Nayars whom the king received in his service were never dismissed, however old they might be. They received their pay and rations, and the king granted favours to whosoever had served him well. If, however, they were left unpaid for some years, some four or five hundred of the aggrieved would rise up and go in a body to the palace, and send word to the king that they would go away dismissed, because he did not give them food. The king would then beg them to have patience, pay them at once either the whole amount due to them or a part of it with a promise to pay the balance at an early date. The king generally satisfied them, considering it a disgrace that they should go away to serve under another ruler. Even in times of war they were not at liberty to touch any peasant, or eat and drink with him in his house without penalty. The king was bound to support the mother and family of any soldier who died in war. He also treated, at his own expense, any soldier who was wounded in battle. [2]

1. Abbe Dubois People of India.
2. A Description of the Coasts of East Africa and Malabar, page 130-131, Duarte Barbosa.

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Thus did the Nayars as a warlike race play a very important part in the history of *Kerala* during the middle ages. Their weapons and modes of fighting thereafter underwent many changes under the influence of the Portuguese and the Dutch, who introduced western arms and tactics into the then existing art of war, when also the Nayars proved equal to the occasion. Labourdanais, who distinguished himself in the storming of the little town of Mahe, bore the brunt of many a Nayar onslaught, and had therefore opportunities of forming a just estimate of their work. Major Munro, who was instrumental in the storming of that little town in 1761, met the Nayar troops in the field, and thus described their mode of fighting: "One may as well look for the needle in a bottle of hay as any of them in the day-time, they lurking behind the sand-banks and bushes, except when we are marching towards the fort, when they appear like bees out in the month of June besides which they point their guns well and fire them also." Dr. Buchanan, who under the orders of Lord Wellesley journeyed through Mysore, Malabar and Canara, spoke of them in the same strain. When Hyder Ali invaded Malabar, they committed terrible havoc on the Mysoreans. "The Nayars are the military class of Malabar," writes Col. Wilkes, who was struck with their pluck and agility. "They are perhaps not exceeded by any nation on earth in their high spirit of independence, but like all persons stimulated by that spirit without the direction of discipline, their efforts are uncertain, capricious and desultory." The last event in which they showed their military valour was in the rebellion of the Pychee Raja of Kurumbranad. With the fall of the Portuguese and the Dutch, and the conquest and annexation of Malabar by the English East India Company, the Nayars have almost lost their warlike characteristics, through successive generations of peace and have now become attached to the land. Even writing in 1855, Captain Drury contrasts the Nayar's effeminate disposition with the martial valour of his forefathers. He does not bear transplantation. He now prefers a quiet swing in the verandah or a lounge under a tree, chewing betel. Unlike his ancestor, he is becoming more and more domesticated. The Nayar population has greatly increased and a large majority of them are not very affluent; and among these physical deterioration is noticeable.

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595 564 (184) responsibility to support their wives and children from their family property. Whether it was introduced by the Nambuthiris, it is difficult to believe; and it is to be noted, that it was prevailing to a considerable extent in North Malabar, among whom and other low castes their influence was less than in South Malabar and the Cochin State.

83 564 The *Smriti*[1] says, "the Sudras' appointed path to Heaven is serving the Brahmans". "The practice of Brahmans, Kshatriyas and Vaisyas, having sexual intercourse with the servile women is in accordance with the *sástrás*. If a Brahman wish to have sexual intercourse with a Sudra wife, the Sudra is bound to gratify the wish. A Sudra cannot be sure of the true parentage of his children". Again, before the Malabar Marriage Commission, the Zamorin Maharaja Bahadur, Ettan Thampuran Avergal, a learned Sanskrit scholar, Kolattúr Váriar and other respectable witnesses unanimously deposed, that, in Kerala, a non-Brahman or *marumakkathâyam* woman need not be chaste, and she is not forbidden to consort with more than one man. To such teachings of the learned and influential leaders of the orthodox community, the Nayars of these days will no longer submit.

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595 701 Another important theory connects the practice with the military organisation of the Nayar community. Montaigue was evidently of opinion, that it was introduced, because the Nayar leaders looked upon an army of bachelors as the most effective instrument in war.[2] The subjection of the males of a whole race from the earliest youth to the decline of manhood must therefore have been the cause of the fugitive connection and promiscuous intercourse.

83

174 595 European writers, such as Baron Avebury, Meyr, Mc. Linan, and others, have arrived at the conclusion, that the system of inheritance now prevalent among the Nayars must have originated from a type of polyandry resembling free love. In ancient times, the rule was that the wife should remain in her own house and be visited by her husband, and that the eldest female was at the head of the house, which was afterwards transferred to the eldest male. The part of man in the function of generation passed as of secondary importance or as

(591) (592) (842)

1. Malabar Marriage Commission Report, page 17.
2. Essays of Michael Montaigne,

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or if he ate and drank in the house of a low caste-man or spoke ill of the king, and if any one of these were established in his own words, the king would call three or four honorable gentlemen and have him put to death. After he was dead, they laid him on his back, to place the king's warrant on his breast. If he was left dead in the country, the dead was so exposed as a prey to vultures and dogs. If he was put to death in the city, the dead body was allowed to be removed either as a mark of favour, or on payment of fine, by the citizens with the king's permission. If, on the other hand, he commits any other offence, he would be dealt with in the same way as any criminal already described."

Cruel as the administration of justice might appear to be in ancient times, many early writers bear testimony to the fact that private property was as secure in the fourteenth century as it is to-day, and that security and justice were firmly established in the land. Varthema was impressed with the honesty of the inhabitants; and the favourable testimony of the previous writers was confirmed by Pyrard-De-Laval, a Frenchman, who remarked that justice was well administered and awarded gratuitously. These systems have been completely forgotten and given place to the institution of regular courts, where justice is administered in accordance with the principles of British jurisprudence.

Feudalism in the Cochin State.

From the earliest times, even perhaps before the Aryan immigration, there appears to have been a complete military organisation among the Sudras of Malabar. The country was divided into *Nádu*, or principalities, and the smallest territorial unit in it was a *Désam* (or village) presided over by a *Désavázhi* (ruler of a *Désam*). Each of the *Désams* and *Nádu* was designated by the allotted quota of Nayars it was required to put into the field. The names of these divisions, even after the long lapse of time, have not been forgotten. The authority of the chiefs of these military divisions, large and small, was hereditary in their respective families and they had appropriate titles of distinction. They were not always in attendance on the Raja's person. If not required on particular State duties or religious services, they were called out for offensive or defensive warfare.

A chief was not considered a *Náduvázhi* (ruler of a *Nád*), who had not at least a hundred soldiers attached to him, and one with less than that number was called a Désa vázhi.

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634 553 were conferred upon the people. These were, in brief, the rights and privileges[1] of the feudal chieftains of old.

621 **Village organisation and village life.** The question regarding the existence in ancient times of a village organisation in the Cochin State, as in Malabar, is somewhat unsettled. Some are of opinion that the village communities of the east coast have no counterpart in the west, and that there were no regular villages; while others state that the organisation of the country for agrarian, civil, social, and administrative purposes was the ordinary type closely allied to the Tamil nationalities, the cradle of its races, languages, and institutions: and that it rested on the village system in its truest and simplest form. The earliest social organisation was apparently based upon the family group into which the various tribes or castes divided themselves, each with its more or less well defined territorial limits. The Brahmans were grouped in *grámams* and the Nayars in *thards* or *chéris*. The old territorial unit [634] was a *désam* presided over by *Désavázhi* or *Jenmidar*, and a number of *désams* constituted a *nád* ruled over by a *Náduvazhi* or local chieftain who was subject to the Raja.

622 The rights and privileges of the *Désavázhi* were: (1) the direction of the religious ceremonies of the village pagodas, (2) the management of the village pagoda lands and servants, (3) the control of marriages and other ceremonies in the village, and (4) the superintendence of all offences of the *désam* or village. He had besides the civil direction of the religious and military affairs of the villages. The same head-man was a *Désavázhi* or *Jenmi* according as he exercised all or only the first two functions in the village. 634 The *Náduvázhi* was the military chief of [622] his *nád* who was bound to attend the Raja and to march [701] wherever he was directed with all the fighting men of his territory under the control of *Désavázhis* of their respective villages. In time of peace he collected the ordinary and extra [451] revenue, and was helped by one or two accountants. Thus an [651] old typical village was one which consisted of the houses of 621 the military class of Nayars and of those of other low castes, [564] the members of which, like the medieval guilds, were bound together by the ties of common interests, rendering to one another reciprocal services for a share of the village produce, and for the protection which they enjoyed. The village in

1. Malabar and Its Folk, pages 108-127.

12:Peter E-5 (1939, 1949)1963 AWll Kerala AWll

ponderable evil, the reputation of which is great outside its boundaries.

5. POLYANDRY IN KERALA

During my stay in Kerala, I found that the following castes practise polyandry in the state: Nayars, Thandans, and Tiyas (Thiyyas) of north Cochin, Kammalans such as Tathans (goldsmiths), Karuwans, or Perinkollam (blacksmiths), Asaris (carpenters) and Puri-asaris (laterite-cutters), Musaris (bell-metal smiths of braziers); also the allied castes to these of Kolla-kurups (shampooers, masseurs, and leather-shield makers) and Vil-kurups(bow-makers), Tol-kollans (leather workers), Kanisans (astrologers), Mannans (washermen and barbers), Panans (exorcists and umbrella-makers), Pulluvans (herbalists and *nag* worship songsters). All follow *makkathayam* except the Nayars, who are *marumakkathayam* from one end of Kerala to the other.

Today, Nayars in Kerala are said, as we have seen (p. 92), to have ceased the practice of polyandry. Not only do they say so themselves, but other castes are emphatic on this point as well. Since, with the disappearance of the petty chieftains, Nayar militias no longer exist, the customs that were closely linked to these organizations have also faded away. The Mysore invasions perhaps had something to do with it, too, for Tipu Sultan was grimly determined to eradicate the Nayar armies and made this his principal objective. In 1788, before invading Malabar, in a proclamation which was intended, among other things, to be a warning to the people, he said: ". . . and since it is the practice with you for one woman to associate with ten men, and you leave your mothers and sisters unconstrained in their obscene practices, and are thence all born in adultery; and are more shameless in your connections than the beasts in the fields: I hereby require you to forsake these sinful practices and to be like the rest of mankind; and if you are disobedient to these commands, I have made repeated vows to honour the whole of you with Islam." (quoted by C. A. Innes, I.C.S. in *Malabar and Anjengo*, Madras District Gazeteers, p. 72). Many of the Moplas today, especially inland, are descendants of Nayars whom Tipu thus did "honour with Islam". They were forcibly circumcized and regaled with beef. Many, however, reconverted themselves later, but lost caste in the process and were never considered the same again.

In spite of it being said that Nayars are no longer polyandrous in Kerala, I was able to find, as I shall show further on, some families left

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snake-bite, the Nāyādis wear a brass toe-ring. And, when engaged in catching rats in their holes, they wear round the wrist a snake-shaped metal ring, to render them safe against snakes which may be concealed in the hole.

The Nāyādis who live within the jurisdiction of the Kavalapāra Nāyar near Shoranūr wear the kuḍumi (front lock of hair), as there are no Māppillas (Muhammadans) to molest them. The Kavalapara Nāyar was at one time an important chief, and directed all Nambutiri jenmis (landlords) who held land within his jurisdiction to bind themselves not to let the land to Māppillas. Nāyādis of other parts are not allowed by the Māppillas to wear the kuḍumi, and, if they do so, they are taken for Parayans and professional sorcerers, and beaten.

Some Nayādis have become converts to Christianity, others to Muhammadanism, and maintain themselves by begging for alms from Muhammadans. They are called Thoppyitta (cap-wearing) Nāyādis.

The priest of the Nāyādis is called Mūppan. His appointment is hereditary, and he enquires into all matters affecting the community, and can excommunicate a guilty person.*

Average height, 155 cm.; nasal index, 86.

Nāyar.—"The Nāyars," Mr. H. A. Stuart writes,† "are a Dravidian caste, or rather a community, for we find several distinct elements with totally different occupations among the people who call themselves by this title. The original Nāyars were undoubtedly a military body, holding lands and serving as a militia, but the present Nāyar caste includes persons who, by hereditary

* This note is based mainly on articles by Mr. S. Appadorai Aiyar and Mr. L. K. Anantha Krishna Aiyar.

† Madras Census Report, 1891.

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101 174 564 occupation, are traders, artisans, oilmongers, palanquin-bearers, and even barbers and washermen. The fact seems to be that successive waves of immigration brought [701] [463] from the Canarese and Tamil countries different castes and different tribes; and these, settling down in the country, adopted the customs and manners, and assumed the caste names of the more respectable of the community that surrounded them. 101 564 This process of assimilation is going on even yet. Chettis of Coimbatore, for example, who settled in Palghāt and Valluvanād within living memory, have developed by this time into [551] Nāyars. In the census schedules we find instances in which the males of a house affix the term Nāyar to their names, while the names of the females end in Chettichi. Gollas entering the country from the north have similarly, in course of time, assumed Nāyar customs and manners, 643 564 and are now styled Nāyars. Again the rājahs and chieftains of the country sometimes raised individuals or classes who had rendered them meritorious service to the rank of Nāyars. These men were thereafter styled Nāyars, but formed a separate sub-division with little or no communion with the rest of the Nāyar class, until at least, after the lapse of generations, when their origin was forgotten. Nāyar may thus at present be considered to be a term almost as wide and general as Sūdra."

173 564 According to the Brāhman tradition, the Nāyar caste is the result of union between the Nambūdris with Dēva, Gandharva and Rakshasa women introduced by Parasurāma; and this tradition embodies the undoubted fact that the caste by its practice of hypergamy has had a very large infusion of Aryan blood. In origin the Nāyars were probably a race of Dravidian immigrants, who were amongst the first invaders of Malabar, and as conquerors assumed the position of the governing and

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land-owning class. The large admixture of Aryan blood combined with the physical peculiarities of the country would go far to explain the very marked difference between the Nāyar of the present day and what may be considered the corresponding Dravidian races in the rest of the Presidency.*

In connection with the former position of the Nāyars as protectors of the State, it is noted by Mr. Logan† that "in Johnston's 'Relations of the most famous Kingdom in the world' (1611), there occurs the following quaintly written account of this protector guild. 'It is strange to see how ready the Souldiour of this country is at his Weapons: they are all gentile men, and tearmed Naires. At seven Years of Age they are put to School to learn the Use of their Weapons, where, to make them nimble and active, their Sinnewes and Joints are stretched by skilful Fellows, and annointed with the Oyle Sesamus [gingelly: *Sesamum indicum*]: By this annointing they become so light and nimble that they will winde and turn their Bodies as if they had no Bones, casting them forward, backward, high and low, even to the Astonishment of the Beholders. Their continual Delight is in their Weapon, perswading themselves that no Nation goeth beyond them in Skill and Dexterity.' And. Jonathan Duncan, who visited Malabar more than once as one of the Commissioners from Bengal in 1792–93, and afterwards as Governor of Bombay, after quoting the following lines from Mickle's Camoens, Book VII—

'Poliar the labouring lower clans are named:
By the proud Nayrs the noble rank is claimed;
The toils of culture and of art they scorn:
The shining faulchion brandish'd in the right—
Their left arm wields the target in the fight'—

* Gazetteer of the Malabar district. † Manual of the Malabar district.

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564 went on to observe: 'These lines, and especially the two
701 last, contain a good description of a Nayr, who walks along, holding up his naked sword with the same kind of unconcern as travellers in other countries carry in
[411] their hands a cane or walking staff. I have observed others of them have it fastened to their back, the hilt being stuck in their waist band, and the blade rising up and glittering between their shoulders' (Asiatic Researches, V. 10, 18). M. Mahé de la Bourdonnais, who
726 had some experience of their fighting qualities in the field,
175 thus described them: 'Les Nairs sont de grands hom-
564 mes basanés, légers, et vigoureux: Ils n'ont pas d'autre
701 profession que celle des armes, et seraient de fort bons soldats, s'ils étiaent disciplinés: mais ils combattent sans ordre, ils prennent la fuite dès qu'on les serre de près avec quelque supèriorité; pourtant, s'ils se voient pressés avec vigueur et qu'ils se croient en danger, ils reviennent à la charge, et ne se rendent jamais' (M. Esquer, Essai sur les Castes dans l'Inde, page 181). Finally, the only British General of any note—Sir Hector Munro—who had ever to face the Nāyars in the field, thus wrote of their modes of fighting:—

'One may as well look for a needle in a Bottle of Hay as any of them in the daytime, they being lurking behind sand banks and bushes, except when we are marching towards the Fort, and then they appear like bees out in the month of June.' 'Besides which,' he continued, 'they point their guns well, and fire them well also' (Tellicherry Factory Diary, March, 1761). They were, in short, brave light troops, excellent in skirmishing, but their organization into small bodies with discordant interests unfitted them to repel any serious invasion by an enemy even moderately well organised. Among other strange Malayāli customs, Sheikh

Zin-ud-din * noticed the fact that, if a chieftain was slain, his followers attacked and obstinately persevered in ravaging the slayer's country, and killing his people till their vengeance was satisfied. This custom is doubtless that which was described so long ago as in the ninth century A.D. by two Muhammadans, whose work was translated by Renaudot (Lond., 1733). 'There are kings who, upon their accession, observe the following ceremony. A quantity of cooked rice was spread before the king, and some three or four hundred persons came of their own accord, and received each a small quantity of rice from the king's own hands after he himself had eaten some. By eating of this rice they all engage themselves to burn themselves on the day the king dies or is slain, and they punctually fulfil their promise.' Men, who devoted themselves to certain death on great occasions, were termed Amoucos by the Portuguese; and Barbosa, one of the Portuguese writers, alluded to the practice as prevalent among the Nāyars. Purchas has also the following:—'The king of Cochin hath a great number of Gentlemen, which he calleth Amocchi, and some are called Nairi: these two sorts of men esteem not their lives anything, so that it may be for the honour of the king.' The proper Malayālam term for such men was Chāver, literally those who took up, or devoted themselves to death. It was a custom of the Nāyars, which was readily adopted by the Māppillas, who also at times—as at the great Mahāmakkam, twelfth year feast, at Tirunāvāyi †—devoted themselves to death in the

* The author of Tahafat-ul-Mujahidin or hints for persons seeking the way to God, as it is frequently translated, or more literally an offering to warriors who shall fight in defence of religion against infidels. Translated by Rowlandson. London, 1833.

† See Manual of the Malabar district, 164, sq., and Fawcett, Madras Museum Bull., III, 3, 1901.

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company of Nāyars for the honour of the Valluvanad Rāja. And probably the frantic fanatical rush of the Māppillas on British bayonets, which is not even yet a thing of the past, is the latest development of this ancient custom of the Nāyars. The martial spirit of the Nāyars in these piping times of peace has quite died out for want of exercise. The Nāyar is more and more becoming a family man. Comparatively few of them now-a-days even engage in hunting." According to an inscription of the King Kulōttunga I (A.D. 1083-84), he conquered Kudamalai-Nadu, *i.e.*, the western hill country (Malabar), whose warriors, the ancestors of the Nāyars of the present day, perished to the last man in defending their independence.*

The following description of the Nāyars at the beginning of the sixteenth century is given by Duarte Barbosa.† "The Nairs are the gentry, and have no other duty than to carry on war, and they continually carry their arms with them, which are swords, bows, arrows, bucklers, and lances. They all live with the kings, and some of them with other lords, relations of the kings, and lords of the country, and with the salaried governors, and with one another. They are very smart men, and much taken up with their nobility. . . . These Nairs, besides being all of noble descent, have to be armed as knights by the hand of a king or lord with whom they live, and until they have been so equipped they cannot bear arms nor call themselves Nairs. . . . In general, when they are seven years of age, they are immediately sent to school to learn all manner of feats of agility and gymnastics for the use of their weapons.

* E. Hultzsch, South-Indian Inscriptions, III, 2, 1203.

† Description of the Coasts of East Africa and Malabar. Translation, Hakluyt Society, 1866.

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to murder him, which is looked upon as a very innocent 564
action, and for which no complaint is ever made. It is 683
true that the pariahs have one day in the year when all [567]
the Nairs they can touch become their slaves, but the [527]
Nairs take such precautions to keep out of the way at the time, that an accident of that kind seldom happens." It is further recorded by Buchanan * that "the whole of these Nairs formed the militia of Malayala, directed by the Namburis and governed by the Rajahs. Their chief 564
delight is in arms, but they are more inclined to use them 701 ●
for assassination or surprise, than in the open field. Their submission to their superiors was great, but they exacted deference from those under them with a cruelty and arrogance, rarely practised but among Hindus in their state of independence. A Nair was expected to 564
instantly cut down a Tiar or Mucuai, who presumed to 683
defile him by touching his person; and a similar fate [567]
awaited a slave, who did not turn out of the road as a Nair passed."

Nâyar is commonly said to be derived from the Sans- 101
krit Nâyaka, a leader, and to be cognate with Naik, and 174
Nayudu or Naidu. In this connection, Mr. L. Moore [127]
writes † that "if a reference is made to the Anglo-Indian Glossary (Hobson-Jobson) by Yule and Burnell, it will be found that the term Naik or Nayakan, and the word Nayar are derived from the same Sanskrit original, and there is a considerable amount of evidence to show that the Nayars of Malabar are closely connected by origin with the Nayakans of Vijayanagar.‡ Xavier, writing in 1542 to 1544, makes frequent references to men whom he calls Badages, who are said to have been

* Journey through Mysore, Canara, and Malabar, 1807.
† Malabar Law and Custom, 3rd ed., 1905.
‡ *Vide* R. Sewell. A Forgotten Empire (Vijayanagar), 1900.

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working of temples and charitable institutions connected therewith. As Venad was divided into eighteen districts in ancient days, there might have been altogether eighteen six hundred in the country. The Nāduvazhis possessed considerable authority in all social matters, and possessed enough lands to be cultivated by their Kudiyans. A feudal basis was laid for the whole organisation. Large numbers served as soldiers in times of war, and cultivated their lands when the country was quiet. In modern times, none of them take to military service in Travancore, except those employed as sepoys in the Nāyar Brigade."

[901] Concerning the organisation of the Nāyars, Mr. Logan writes that they were, "until the British occupied the country, the militia of the district (Malabar). This name implies that they were the 'leaders' of the people. Originally they seem to have been organised into six hundreds, and each six hundred seems to have had assigned to it the protection of all the people in a nād or country. The nād was in turn split up into taras, a Dravidian word signifying originally a foundation, the foundation of a house, hence applied collectively to a street, as in Tamil teru, in Telugu teruvu, and in Canarese and Tulu teravu. The tara was the Nāyar territorial unit of organisation for civil purposes, and was governed by representatives of the caste, who were styled Kāranavar or elders. The six hundred was probably composed exclusively of those Karanavar or elders, who were in some parts called Mukhyastans (chief men) or Madhyastans (mediators), or Pramānis (chief men), and there seem to have been four families of them to each tara, so that the nād must have originally consisted of one hundred and fifty taras. This tara organisation of the protector caste played a most important

13:Thurston & Rangachari E-4, 5 (no date) 1909
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seems to have been reserved specially for them. It would be well worth the study of persons acquainted with other districts of the Presidency to ascertain whether somewhat similar functions to these (protection and supervision) did not originally appertain to the Kāvalgars of Tamil districts and the Kāpus in the Telugu country, for both of these words seem to have come from the same root as the Malayālam kānam. And it is significant that the Tamil word now used for proprietorship in the soil is kāni-yātchi, to which word the late Mr. F. W. Ellis in his paper on Mirasi Rights assigned a similar derivation."

The occupation of the Nāyars is described by Mr. N. Subramani Aiyar as "comprising all kinds of worldly pursuits. So late as the end of the eighteenth century, there were with the then Mahārāja of Travancore a hundred thousand soldiers, consisting of Nāyars and Chovas, armed with arrows, spears, swords and battle-axes. The chief occupation of the Nāyars is agriculture. Cultivation of a slipshod, time-honoured type is the forte of the Nāyar, for which he has always found time from times of old, though engaged in other occupations as well. In the Velakali, a kind of mock fight, which is one of the items of the utasom programme in every important temple in Malabar, the dress worn by the Nāyars is supposed to be their ancient military costume. Even now, among the Nāyars who form the Mahārāja's own Brigade, agriculture, to which they are enabled to attend during all their off-duty days, goes largely to supplement their monthly pay. Various other occupations, all equally necessary for society, have been, according to the Kēralavaḷasakrama, assigned to the Nāyars, and would seem to have determined their original sub-divisions. They are domestic servants in Brāhman